Harvard Program in Refugee Trauma and Harvard Medical School, Department of Continuing Education

Global Mental Health: *Trauma & Recovery* Certificate Program

An innovative blended-learning course
On-site training in Orvieto/ Porano, Italy:
November 10 – 23, 2013
On-line training: December 2013 – May 2014

Application Deadline: July 1, 2013
Global Mental Health: Trauma and Recovery

The Harvard Program in Refugee Trauma (HPRT) and the Harvard Medical School Department of Continuing Education (HMS-DCE) are offering an extraordinary six-month certificate program in Global Mental Health: Trauma and Recovery. The program provides training for health care practitioners, humanitarian relief workers and policy planners addressing the health and mental health sequelae of trauma. The curriculum is adaptable for diverse populations and global environments affected by violence and natural disasters. The course utilizes an innovative blended learning approach, combining on-site lectures and web-based learning into a transformative training experience, to develop a Community of Practice.

The Global Mental Health: Trauma and Recovery Certificate Program is the first of its kind in global mental health, trauma, and post-conflict/disaster recovery. The major rationale for this Certificate Program emerged from 30 years of clinical care, training and research by the faculty with survivors of violence and natural disasters throughout the world.

In collaboration with Caritas Rome, Fulbright New Century Scholars Program and the World Bank, HPRT and the Istituto Superiore di Sanità (ISS) developed the global Project 1 Billion: International Congress of Ministers of Health for Mental Health and Post-Conflict Recovery. In December 2004, this project brought together Ministers of Health from the world's post-conflict countries to endorse a science-based, culturally effective and sustainable Mental Health Action Plan and Book of Best Practices for post-conflict recovery. Project 1 Billion revealed the great need for the education and capacity building of health care professionals, international relief workers and policy makers in the area of mental health. This Global Mental Health: Trauma and Recovery Certificate Program is a major result and post-conference activity of Project 1 Billion.
Mission and Learning Objectives

More than one billion people have been affected by violence and disaster throughout the world. Our mission is to maximize a scientific and cultural approach and methodology to reduce suffering, minimize disability and increase resiliency for survivors of violence worldwide. This Program offers a transformative training experience to create a network of global leaders in mental health recovery.

Upon completion of this activity, participants will be able to:

- Integrate science and culture based evidence in all 8 dimensions of the *Global Mental Health Action Plan* in policy planning, clinical care, humanitarian, and human rights activities.
- Integrate new leadership skills into program development and research.
- Learn and utilize evaluation skills.
- Foster professional development and ethics in working with vulnerable groups and communities.

Learning Approach

**Phase 1:** Two-week face-to-face gathering in Porano and Orvieto, Umbria Region, Italy

**Phase 2:** Five months of web-based learning

The program has been designed based upon the *Community of Practice* model. Participants will experience an innovative blended learning experience that comprises on-site lectures in Orvieto, Italy from November 10-23, 2013, followed by web-based learning in students’ home countries from December 2013 to May 2014. In Italy, the participants receive an interactive, multi-interdisciplinary curriculum based upon the chapters in the textbook *Global Mental Health: Trauma and Recovery: A Companion Guide for Field and Clinical Care of Traumatized People Worldwide*. The participants meet one another and take part in small group activities that allow them to share their interests, goals, and field expertise. They also participate in a technical training course where they learn to use ATutor, the learning management system (LMS) currently used to deliver the course.
Additionally, they participate in presentations led by faculty members. Small group discussion will continue online with case presentations and dialogue between trainees and faculty, in addition to conversation and instruction related to lectures heard in Italy. The faculty-student ratio in the small groups is 1:5. As a unique experience in this certificate program, each participant is asked to create a small, multimedia video (using any combination of text, video, and/or audio) centered around their own personal work in order to explore to what extent our environment fosters or promotes healing and how we can incorporate healing principles into the way we structure our physical surroundings. While prior knowledge of how to create a video is not required, participants must be willing to learn from tutorials and/or have someone be able to assist them, as needed.

**Community of Practice:** In essence, communities of practice are groups of people who share similar goals and interests. In pursuit of these goals and interests, they employ common practices, work with the same tools and express themselves in a common language. Through such common activity, they come to hold similar beliefs and value systems.

**Topics**

The program emphasis is on learning an integrated holistic approach to policy planning and clinical care using the *GMH Action Plan*.

Topics include:

- Phenomenological theory of trauma and recovery developed by HPRT, ISS and international colleagues over 30 years
- Epidemiology and the History of Global Violence
- Public Health Policy and Legislation
- Financing of Mental Health Services
- Mental Health Diagnosis and Treatment
- Mental Health and Medical Disorders
- Working in Interdisciplinary Medical Teams
- Human Rights and Rebuilding Social Capital
- Economic Development, including use of HIT innovations
- Research Methods
- Outcome Evaluation
- How to Participate in Web-based Learning
Faculty

Richard F. Mollica, Director, GMHTR Certificate Program, MD, MAR, Professor of Psychiatry at Harvard Medical School and Director of the Harvard Program in Refugee Trauma (HPRT) at Massachusetts General Hospital

Abdelrahman Ahmed Abudoam, MD, Associate Professor of Psychiatry Faculty of Medicine, International University of Africa; Deputy President, Sudanese Society of Psychiatrists; Advisor to the Minister of Humanitarian Affairs

Massimo Ammaniti, MD, Child Psychiatrist & Psychoanalyst; Professor Emeritus of Developmental Psychopathology and Former Chairman of the Faculty of Infant and Adolescent Clinical Psychology at University of Rome La Sapienza

Eugene F. Augusterfer, LCSW, Director of Telemedicine for the Harvard Program in Refugee Trauma (HPRT)

Maria Bosio, Italian free-lance Journalist and Filmmaker with over 25 years of experience in directing and screenwriting for documentaries, fiction film and advertisement

Robert Brooks, PhD, Research Director for the Australian Aboriginal & Torres Strait Islander Healing Foundation

* Solvig Ekblad, PhD, Licensed Psychologist, Associate Professor, Department for Learning, Informatics, Management and Ethics (LIME), Karolinska Institutet

Sonia Graziano, PhD, Psychologist specializing in Clinical Psychology of Childhood, Adolescence and Family

Ranieri Guerra, MD, Cultural Attaché, Italian Embassy – Washington, D.C.; Former Director of URE, External Relations Office, the President's cabinet for the Istituto Superiore di Sanità (National Institute of Health, Italy)

Heidi Kerko, JD, Executive Director, Psychological Aid and Advocacy for Children of Trauma (PAACT)

Carol Landau, PhD, Clinical Professor of Psychiatry & Human Behavior and Medicine, Brown Medical School, Co-Director Psychology and Psychiatry in Primary Care, Department of Medicine, Rhode Island Hospital, Division of General Internal Medicine

James Lavelle, LICSW, Co-Founder and Director of International Programs and Community Organizing, Harvard Program in Refugee Trauma (HPRT)

Natale Losi, PhD, Family Psychotherapist, Medical Anthropologist and Sociologist; Former Director, Psychosocial and Cultural Integration Unit at the International Organization for Migration (IOM)

Giovanni Muscettola, MD, Chairman of the Department of Neuroscience at the University Medical School of Napoli, Federico II

Giampaolo Nicolais, PhD, Clinical Psychologist, Professor of Dynamic Psychology, University of Rome La Sapienza

Jerry Pfeffer, Information Technology professional, HPRT Technical Support Coordinator for the GMHTR Certificate Program
Peter Polatin, MD, MPH, Senior Health Advisor for the International Department of DIGNITY – Danish Institute Against Torture
Jerry Streets, DSW, MDiv, Carl and Dorothy Bennett Professor in Pastoral Counseling at the Wurzweiler School of Social Work, Yeshiva University; Former Chaplain, Yale University
Nasir Warfa, PhD, Senior Lecturer (Associate Professor), Barts and The London School of Medicine and Dentistry, Queen Mary University of London, Wolfson Institute of Preventive Medicine, Centre for Psychiatry

* Co-Director, GMHTR Certificate Program

Accreditation
The Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Harvard Medical School designates this live activity for a maximum of 68.25 AMA PRA Category 1 Credits™. The Harvard Medical School designates this enduring material activity for a maximum of 62 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Explanation of Credit Award: Participants can earn up to 130.25 AMA PRA Category 1 Credits™ consisting of 68.25 "live" (on site in Italy) and 62 "enduring" (online) credits.
Participation in both parts of the course is required to receive CME credits.

Disclosure Policy
Harvard Medical School (HMS) adheres to all ACCME Essential Areas, Standards, and Policies. It is HMS's policy that those who have influenced the content of a CME activity (e.g. planners, faculty, authors, reviewers and others) disclose all relevant financial relationships with commercial entities so that HMS may identify and resolve any conflicts of interest prior to the activity. These disclosures will be provided in the activity materials along with disclosure of any commercial support received for the activity. Additionally, faculty members have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during their presentations.

This course is designed to meet one or more of the following Accreditation Council of Graduate Medical Education (ACGME) competencies:

Patient care – Medical knowledge – Practice-based learning and improvement – Interpersonal and communication skills – Professionalism – Systems-based practice
Who should apply?

Health care workers including doctors, nurses, psychologists, social workers and other public health professionals; policy planners, lawyers, human rights workers, educators, and journalists working with populations that are survivors of violence or disaster. All eligible participants will need a prior graduate level degree and experience in the health related sector.

Admissions criteria

Several criteria will be used to assess eligibility for the Certificate Program, including:

- Prior experience and academic credentials and standing
- Prior experience in the field of health and mental health and other related fields
- Interest and career aspirations in caring for traumatized populations
- Motivation to be involved in and committed to a Community of Practice
- Access to computer and internet
- Written, spoken, and reading proficiency in English

How to apply

Please go to http://hprt-cambridge.org/globalhealth to access and download the application.

Send your completed application by July 1, 2013 via email, mail, or fax to:

Harvard Program in Refugee Trauma
22 Putnam Avenue
Cambridge, MA 02139
USA

By e-mail to hprt.gmh@gmail.com
By fax to +1.617.876.2360
Tuition

The tuition fee is $4,500 USD, which includes the following:

- All course materials
- Access to five months of on-line distance learning (you must have access to internet)
- Lunch and coffee breaks each day of the course while in Italy
- Transportation from accommodations to course site each day while in Italy
- *Textbook of Global Mental Health: Trauma and Recovery – A Companion Guide for Field and Clinical Care of Traumatized People Worldwide*

*Tuition does not cover travel expenses or rooming.* Please see website for further details.

**Program Director:** Prof. Richard F. Mollica  
**Program Co-Director:** Dr. Solvig Ekblad

With the support of *The Mayor’s Office and the City of Porano, Region of Umbria, Italy*  
and *the City of Orvieto, Italy*

For more information please contact the Harvard Program in Refugee Trauma by email or phone at:  
*hpert.gmh@gmail.com* or *+1.617.876.7879*

*http://hpert-cambridge.org/globalhealth*