Harvard Program in Refugee Trauma and Harvard Medical School, Department of Continuing Education

Global Mental Health: Trauma & Recovery Certificate Program

An innovative blended-learning course
On-site training in Orvieto/Porano, Italy:
November 8 – 20, 2015
On-line training: November 2015 – May 2016

Application Deadline: July 1, 2015
Global Mental Health: Trauma and Recovery

The Harvard Program in Refugee Trauma (HPRT) and the Harvard Medical School Department of Continuing Education (HMS-DCE) are offering an extraordinary six-month certificate program, Global Mental Health: Trauma and Recovery. The program provides training for health care practitioners, humanitarian relief workers and policy planners addressing the health and mental health sequelae of trauma. The curriculum is adaptable for diverse populations and global environments affected by violence and natural disasters. The course utilizes an innovative blended learning approach, combining on-site lectures and web-based learning into a transformative training experience, to develop a Community of Practice.

The Global Mental Health: Trauma and Recovery Certificate Program is the first of its kind in global mental health, trauma, and post-conflict/disaster recovery. The major rationale for this Certificate Program emerged from 30 years of clinical care, training and research by the faculty with survivors of violence and natural disasters throughout the world.

In collaboration with Caritas Rome, Fulbright New Century Scholars Program and the World Bank, HPRT and the Istituto Superiore di Sanità (ISS) developed the global Project 1 Billion: International Congress of Ministers of Health for Mental Health and Post-Conflict Recovery. In December 2004, this project brought together Ministers of Health from the world's post-conflict countries to endorse a science-based, culturally effective and sustainable Mental Health Action Plan and Book of Best Practices for post-conflict recovery. Project 1 Billion revealed the great need for the education and capacity building of health care professionals, international relief workers and policy makers in the area of mental health. This Global Mental Health: Trauma and Recovery Certificate Program is a major result of Project 1 Billion.
Mission and Learning Objectives

More than one billion people have been affected by violence and disaster throughout the world. Our mission is to maximize a scientific and cultural approach and methodology to reduce suffering, minimize disability and increase resiliency for survivors of violence worldwide. This Program offers a transformative training experience to create a network of global leaders in mental health recovery.

Upon completion of the certificate program, participants will be able to:

- Integrate science and culture based evidence in all 8 dimensions of the *Global Mental Health Action Plan* in policy planning, clinical care, humanitarian, and human rights activities.
- Integrate new leadership skills into program development and research.
- Utilize evaluation skills in your work environment.
- Foster professional development and ethics in working with vulnerable groups and communities.

Learning Approach

**Phase 1:** Two-week face-to-face gathering in Porano and Orvieto, Umbria Region, Italy

**Phase 2:** Five months of web-based learning

The program has been designed based upon the *Community of Practice* model. Participants will experience an innovative blended learning experience that comprises on-site lectures in Orvieto, Italy from November 8-20, 2015, followed by web-based learning in students’ home countries from November 2015 to May 2016. In Italy, the participants receive an interactive and interdisciplinary curriculum based upon the chapters in the textbook *Global Mental Health: Trauma and Recovery: A Companion Guide for Field and Clinical Care of Traumatized People Worldwide*. The participants meet one another and take part in small group activities that allow them to share their interests, goals, and field expertise. They also participate in a technical training course where they learn to use ATutor, the learning management system (LMS) currently used to deliver the course.
Additionally, they participate in presentations led by faculty members. Small group discussion will continue online with case presentations and dialogue between trainees and faculty, in addition to conversation and instruction related to lectures heard in Italy. The faculty-student ratio in the small groups is 1:5. As a unique experience in this certificate program, each participant is asked to create a small, multimedia video (using any combination of text, video, and/or audio) centered around their own personal work in order to explore to what extent our environment fosters or promotes healing and how we can incorporate healing principles into the way we structure our physical surroundings. While prior knowledge of how to create a video is not required, participants must be willing to learn from tutorials and/or have someone be able to assist them, as needed.

**Community of Practice:** In essence, communities of practice are groups of people who share similar goals and interests. In pursuit of these goals and interests, they employ common practices, work with the same tools and express themselves in a common language. Through such common activity, they come to hold similar beliefs and value systems.

**Topics**

The program emphasis is on learning an integrated holistic approach to policy planning and clinical care using the *Mental Health Action Plan*.

Topics include:

- Phenomenological theory of trauma and recovery developed by HPRT and international colleagues over 30 years
- Epidemiology and the History of Global Violence
- Policy and Legislation
- Mental Health Diagnosis and Treatment
- Mental Health and Medical Disorders
- Working in Interdisciplinary Medical Teams
- Human Rights and Rebuilding Social Capital
- Economic Development, including use of HIT innovations
- Research Methods
- Outcome Evaluation
- How to Participate in Web-based Learning
Faculty

Richard F. Mollica, Director, GMHTR Certificate Program, MD, MAR, Professor of Psychiatry, Harvard Medical School and Director, Harvard Program in Refugee Trauma (HPRT) at Massachusetts General Hospital

Solvig Ekblad, Co-Director, GMHTR Certificate Program, PhD, Licensed Psychologist, Academic Primary Health Care; Professor in Multicultural Health Research, Karolinska Institutet, Stockholm, Sweden; Adjunct Professor, Massachusetts School of Professional Psychology

Massimo Ammaniti, MD, Child Psychiatrist & Psychoanalyst; Honorary Professor of Developmental Psychopathology and Former Chairman of the Faculty of Infant and Adolescent Clinical Psychology at University of Rome La Sapienza

Eugene F. Augusterfer, LCSW, Director of Telemedicine for the Harvard Program in Refugee Trauma (HPRT); Co-Leader, World Bank Mental Health and Psychosocial Working Group

Robert Brooks, PhD, Director, RTB Consulting; Senior Visiting Fellow, School of Psychology University of New South Wales; Project Manager, HPRT Cambodian Primary Health Clinic Project

Sondra Crosby, MD, Associate Professor of Medicine and Public Health, Boston University Schools of Medicine and Public Health, Departments of Medicine, and Health Law, Bioethics, and Human Rights; Member, Section of General Internal Medicine, Boston Medical Center.

Sonia Graziano, PsyD, Psychologist and Psychotherapist with a specialization in Clinical Psychology, focusing on Children, Adolescents and Families

Ranieri Guerra, MD, Director General of Preventive Health and Chief Medical Officer, Ministry of Health of Italy; Former Scientific Attaché, Italian Embassy – Washington, D.C.; Former Director of URE, External Relations Office, the President's cabinet for the Istituto Superiore di Sanità (National Institute of Health, Italy)

Heidi Kerko, JD, Executive Director, Restorative Justice Research Institute (RJRI)
James Lavelle, LICSW, Co-Founder and Director of International Programs and Community Organizing, Harvard Program in Refugee Trauma (HPRT)

Giovanni Muscettola, MD, Research Appointment Professor and Professor Emeritus of Psychiatry, University Medical School "Federico II" Napoli, Italy

Giampaolo Nicolais, PhD, Associate Professor of Developmental Psychology, "Sapienza" University of Rome, Faculty of Medicine and Psychology

Jerry Pfeffer, Information Technology professional, HPRT Technical Support Coordinator for the GMHTR Certificate Program

Peter B. Polatin, MD, MPH, Professor of Psychiatry and Director of Global Mental Health, George Washington University, Washington, D.C.; Senior Health Advisor, Dignity Institute Against Torture, Copenhagen, Denmark

Kirsten Reimer, MLIS, Head of Documentation, DIGNITY Documentation Center and Library, DIGNITY – Danish Institute Against Torture, Copenhagen, Denmark

Nisha Sajnani, PhD, RDT-BCT, Assistant Professor, Expressive Therapies PhD program and Coordinator, Drama Therapy/Psychodrama Program, Lesley University, Cambridge, MA

Taiwo Lateef Sheikh, MB.BS, M.Sc, FWACP, Neuro-Psychiatrist, Medical Director/CEO, Federal Neuropsychiatric Hospital, Barnawa, Kaduna, Northern Nigeria; Reader (Associate Professor), Department of Psychiatry, Ahmadu Bello University, Zaria, Nigeria

Frederick (Jerry) Streets, MDiv., MSW, DSW, LICSW, Visiting Professor, Department of Social Work and Latino Community Practice, University of Saint Joseph, West Hartford, CT; Professor (adjunct), Yale University Divinity School and Columbia University School of Social Work

Nasir Warfa, PhD, Fellow, Royal Geographical Society
Accreditation

The Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Harvard Medical School designates this live activity for a maximum of 66.50 \textit{AMA PRA Category 1 Credits™}. The Harvard Medical School designates this enduring material activity for a maximum of 62 \textit{AMA PRA Category 1 Credits™}. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

\begin{center}
\textbf{Explanation of Credit Award:} Participants can earn up to 128.50 \textit{AMA PRA Category 1 Credits™} consisting of 66.50 \textit{AMA PRA Category 1 Credits™} for the "live" part (on site in Italy) and 62 \textit{AMA PRA Category 1 Credits™} for the "enduring" part (online).
Participation in both parts of the course is required to receive CME credits and HPRT’s certificate of completion.
\end{center}

Disclosure Policy

Harvard Medical School (HMS) adheres to all ACCME Essential Areas, Standards, and Policies. It is HMS's policy that those who have influenced the content of a CME activity (e.g. planners, faculty, authors, reviewers and others) disclose all relevant financial relationships with commercial entities so that HMS may identify and resolve any conflicts of interest prior to the activity. These disclosures will be provided in the activity materials along with disclosure of any commercial support received for the activity. Additionally, faculty members have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during their presentations.

\textbf{This course is designed to meet one or more of the following Accreditation Council of Graduate Medical Education (ACGME) competencies:}

Patient care – Medical knowledge – Systems-based practice
Who should apply?

Health care workers including doctors, nurses, psychologists, social workers and other public health professionals; policy planners, lawyers, human rights workers, educators, and journalists working with populations that are survivors of violence or disaster.

Admissions criteria

Several criteria will be used to assess eligibility for the Certificate Program, including:

- A prior graduate level degree and experience in the health related sector
- Prior experience in the field of health and mental health and other related fields
- Interest and career aspirations in caring for traumatized populations
- Motivation to be involved in and committed to a Community of Practice
- Access to computer and internet
- Written, spoken, and reading proficiency in English

How to apply

Please go to http://hprt-cambridge.org/education/gmh/application to access and download the application form.

Send your completed application (application form and statement of purpose) by July 1, 2015 via email, mail, or fax to:

Harvard Program in Refugee Trauma
22 Putnam Avenue
Cambridge, MA 02139
USA

By e-mail to hprt.gmh@gmail.com
By fax to +1.617.876.2360
Tuition

The tuition fee is $4,550 USD, which includes the following:

- All course materials
- Access to five months of on-line distance learning (however, participants must provide their own internet connection)
- Lunch and coffee breaks each day of the course while in Italy
- Transportation from accommodations to course site each day while in Italy

*Tuition does not cover travel expenses, room and board (except lunch and coffee breaks as listed above).* Please see our website for further details: http://hpert-cambridge.org/education/gmh/location

Scholarships

Limited scholarships are only available to applicants who are citizens of and reside in low and lower middle income countries. Scholarships cover up to the full tuition fee. If you are eligible and require a scholarship to attend, please contact us at hpert.gmh@gmail.com in addition to submitting your application by or before July 1, 2015 in order to arrange an interview.

**Program Director:** Prof. Richard F. Mollica  
**Program Co-Director:** Dr. Solvig Ekblad

With the support of The Mayor’s Office and the City of Porano, Region of Umbria, Italy and the City of Orvieto, Italy

For more information please contact our program manager Annegret Klaau by email or phone at: hpert.gmh@gmail.com or +1.617.876.7879

http://hpert-cambridge.org/education/gmh